

January 2016 MYF Update

Resolutions that Matter

Every January we feel the pressure to make a list of resolutions for the coming year. I bet every one of us could easily guess some of the top ones made. My search on Google didn't reveal anything startling. Here are the top five:

- Lose weight
- Eat healthier
- Get out of debt
- Get organized
- Travel somewhere new

Sound familiar?

Isn't it a shame that the top five list doesn't appear to have much to do with others?

We live in a very self-centered world where our natural desire is to focus on ourselves and our wants and desires. It isn't that these things listed above are bad, but it is interesting that we tend to plan our new year with ourselves at the center.

What if we didn't? What if we purposefully planned a top five list that has God at the center? What would your list look like? I bet we would find that our lives were becoming more meaningful and that we would be working on things that have lasting and eternal value.

As we begin 2016, I want our plans for MYF to be God-centered and I want us to be doing things that draw others to Jesus. I want us to invest in eternity. We need to continually be asking ourselves whether we are storing up treasure in heaven or on earth.

I urge you take make a firm decision to do something that matters this year and then let's all commit our work to the Lord so that our plans will be established. (Proverbs 16:3)

So, here are my personal resolutions for the year and ones that I hope to impart upon the youth of our church as well:

- Learn and share more of God's word
- Serve others with love
- Pray fervently
- Tithe more
- Nurture friendships

In January our youth will be working on one of these goals by helping out at the Food Pantry as an act of service and love. As we continue our lessons on Spiritual Warfare we will focus on the power of prayer. We have an MYF Family Movie night in January also in which we will cultivate friendships. Our youth leadership team is continuing to memorize key scriptures so that they can impress God's word upon their hearts. So, I'd say we have a pretty nice start to 2016! Please keep our youth in your prayers as we strive to keep God at the center of it all!

May your new year be blessed and your resolutions be worthwhile!

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